

# Boller Psychological Services, LLC

Phone: 801-661-1992

## History Form: Child

Please print, complete, and bring to Dr. Boller prior to your first appointment. This is an important part of your child's intake assessment, and is held to the same level of confidentiality as therapy.

Date: \_\_\_\_\_

Child's Full Legal Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Current Grade: \_\_\_\_\_ School: \_\_\_\_\_

Child Currently lives with: \_\_\_\_\_

Siblings and ages: \_\_\_\_\_

Family Address(include Street Address/City/State/ Zip Code): \_\_\_\_\_

Who has legal custody if parents are divorced? \_\_\_\_\_

Primary email: \_\_\_\_\_

Phone (mother) Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Phone (father) Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Can we leave a message \_\_\_\_\_ yes \_\_\_\_\_ no If yes, which number?

Emergency Contacts: \_\_\_\_\_

Person Completing Form: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Preferred Way of Contact:

Note: Email and texts are not secure forms of communication.

Specify mode of contact preferred: \_\_\_\_\_

Referred to Dr. Boller by: \_\_\_\_\_

**What are your child's strengths:**

**What concerns you most about your child?:**

**What are your goals for treatment?:**

## P.2 Child History Form

### Family History

Is there any history of the following in the child's biological relatives

#### Mother's side of family:

\_\_\_\_\_ Learning Problems                      \_\_\_\_\_ School Problems                      \_\_\_\_\_ ADHD  
\_\_\_\_\_ Anxiety    \_\_\_\_\_ Obsessive-Compulsive Disorder  
\_\_\_\_\_ Depression    \_\_\_\_\_ Tourette Syndrome  
\_\_\_\_\_ Picking/Hair Pulling                      \_\_\_\_\_ Alcoholism/Drug Abuse  
\_\_\_\_\_ Autism Spectrum    \_\_\_\_\_ Bipolar Disorder  
\_\_\_\_\_ Genetic Disorder \_\_\_\_\_ Metabolic Disease                      \_\_\_\_\_ Other(specify)

Is there any history of the following in the child's biological relatives:

#### Father's side of family:

\_\_\_\_\_ Learning Problems                      \_\_\_\_\_ School Problems                      \_\_\_\_\_ ADHD  
\_\_\_\_\_ Anxiety    \_\_\_\_\_ Obsessive-Compulsive Disorder  
\_\_\_\_\_ Depression    \_\_\_\_\_ Tourette Syndrome  
\_\_\_\_\_ Obsessive Picking/Hair Pulling                      \_\_\_\_\_ Alcoholism/Drug Abuse  
\_\_\_\_\_ Autism Spectrum    \_\_\_\_\_ Bipolar Disorder  
\_\_\_\_\_ Genetic Disorder \_\_\_\_\_ Metabolic Disease                      \_\_\_\_\_ Other

Have any of your child's biological relatives experienced problems similar to those your child is experiencing? If so, please describe:

Describe any problems between patient and siblings:

Describe overall, general family relationships:

#### Pregnancy and Birth History:

How many weeks did pregnancy last?

If birth was premature, please explain (include any complications):

Please describe reason for and medical interventions/hospitalizations following birth:

### P. 3 : Child History Form

#### Developmental History:

**List age for each milestone achieved. Approximate if unsure:**

Crawled \_\_\_\_\_ Walked \_\_\_\_\_ First words: \_\_\_\_\_

First Sentences: \_\_\_\_\_ Toilet Trained (night): \_\_\_\_\_ Toilet Trained (Day) \_\_\_\_\_

Please describe any difficulties with any of the above milestones:

**Did your child exhibit any of these behaviors in the past, but no longer does? Please circle all that apply:**

Difficult to calm/pacify Irritability/easily agitated

Did not like to be held

Clumsy/uncoordinated Highly active

Difficulty making eye contact

Staring or avoiding looking at things

Rocking or head banging

Walking on tiptoes Unusual play behaviors

Flapping hands or spinning

Difficulty interacting with others

Shy

Poor eye contact

Explanations/Early interventions/Pediatric Assessment:

#### Current Symptom Checklist

**Please circle the behaviors your child CURRENTLY EXHIBITS to a heightened degree that it interferes with success at school, home, extra-curricular activities or friends:**

High Activity Impulsive Behavior (poor self control)

Interrupts Frequently

Poor Attention Span Acts as if "driven by a motor"

Difficulty Finishing Tasks

Disorganized Low frustration tolerance

Aggressive

Temper Outbursts Does not seem to listen

Difficulty with sleep

Daytime accidents Bedwetting

Worried/anxious

Problems with multi-step directions Does not think logically

Poor awareness of time

Problems understanding jokes

Problems expressing self

Talking around issues, doesn't come to a point

Does/says things repeatedly

Problems changing activities or making transitions

Difficulty with unexpected changes in schedule

Pulling out own hair, picking

tics/twitching drugs/substance abuse

Cruelty to animals

Vandalism/stealing Lying/cheating

Trouble making friends

Poor eye contact

**P. 4 : Child History Form**

**Difficulties with:**

Self Harm (please explain):

Concerns about diet/eating (please explain):

History of sexual or physical abuse (please briefly explain):

Which specific behaviors interfere with family functioning?

**Parenting Styles:**

How would you describe your parenting style? Do both parents agree on type of discipline to use?

Is discipline effective? Yes                      No (if no, please explain)

**Friendships and Social Skills**

What are your child's strengths in social relationships outside the family?(describe):

Do other children seek out your child to socialize?	Yes	No		
Does your child relate well to other children?	Yes	No		
Does your child seem to understand the rules of social interaction?			Yes	No
Does your child report feeling lonely?	Yes	No		
Has your child been described as:	Bossy?	Withdrawn?	Disinterested in friends?	
Are your child's friends:	Same age	Older	Younger	

Please circle any areas of difficulty with peers:

initiating play	Making new friends	Keeping old friends	Group Play
Compromising	Sharing	Being accepted	Individual Play

Please explain any concerns you have about your child's friendships or lack of them:

What does your child enjoy doing most?

What does your child dislike doing that is part of their daily life?



**P.6 Child History Form**

**Adoption Addendum** (Please skip if this does not apply)

Age at adoption: \_\_\_\_\_ Country/State of birth: \_\_\_\_\_

Foster placements prior to adoption? Yes No

If yes, please describe:

Please describe any concerns at the time of adoption:

Please circle all that apply to your adopted child:

History of abuse                      History of Neglect                      Drug/Alcohol use by biological mother  
Social Withdrawal                      Over-friendly with Strangers